

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>MX4</b> 8:00 AM Lauren	<b>MX4</b> 6:00 AM <b>RR</b> Megan	<b>STRIKE</b> 8:00 AM Travis	<b>STRIKE</b> 6:00 AM <b>RR</b> Megan	<b>MX4</b> 6:00 AM <b>RR</b> Breanna	<b>Bootcamp</b> 8:00 AM Mike G	<b>STRIKE</b> 8:00 AM Eric
<b>Tilton Bootcamp</b> 9:00 AM Mike	<b>STRIKE</b> 7:00 AM Lauren	<b>Bootcamp</b> 9:00 AM Mike G.	<b>MX4</b> 7:00 AM Travis	<b>STRIKE</b> 7:00 AM Lauren	<b>STRIKE</b> 9:00 AM Travis	<b>MX4</b> 10:15 AM Breanna
<b>Tilton Bootcamp</b> 10:00 AM Megan	<b>MX4</b> 9:00 AM Megan	<b>STRIKE</b> 10:00 AM Eric	<b>Bootcamp</b> 9:00 AM Mike G	<b>MX4</b> 8:00 AM Lauren	<b>Kids' MX4</b> 10:00 AM Travis	
<b>MX4</b> 4:00 PM Travis	<b>MX4</b> 4:00 PM Travis	<b>Reformers</b> 10:30 AM <b>RR</b> Ann	<b>MX4</b> 5:00 PM Alex	<b>STRIKE</b> 9:00 AM <b>RR</b> Ann		
<b>STRIKE</b> 5:00 PM <b>RR</b> Ann	<b>STRIKE</b> 5:00 PM Alex	<b>STRIKE</b> 4:00 PM Travis	<b>STRIKE</b> 6:00 PM Alex	<b>MX4</b> 10:00 AM Erin		
<b>MX4</b> 6:00 PM Erin	<b>MX4</b> 6:00 PM Alex	<b>MX4</b> 5:00 PM Megan	<b>MX4</b> 7:00 PM Travis	<b>Reformers</b> 10:00 AM <b>RR</b> Ann		
<b>Kids' STRIKE</b> 6:30 PM Travis	<b>Reformers</b> 6:30 PM <b>RR</b> Erin	<b>Kids' STRIKE</b> 6:00 PM Travis		<b>MX4</b> 4:00 PM Matt		
<b>STRIKE</b> 7:00 PM Travis		<b>Reformers</b> 6:30 PM Erin		<b>STRIKE</b> 5:00 PM Breanna		
				<b>Reformers</b> 6:00 PM <b>RR</b> Erin		

Fundamentals Classes


Monday	Wednesday	Saturday
9:00 AM 4:00 PM	9:00 AM 4:00 PM	10:00 AM

Reservation **RR** Required

**Saturday Club Hours**  
Open 24 Hours

**Kids' Club Hours**  
Monday-Friday  
9AM-12PM & 4PM-8PM  
Saturday  
8AM-1PM  
Sunday  
9AM-12PM

**Note:** Class and instructors are subject to change without prior notice. **Reservations open at 4 AM. As a courtesy to other members, please**

 Cellphones are not permitted in class. Thank You