

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Challenge 2.0 9:30 AM Erin Lift Club 10:00 AM Amy Burn 360 5:00 PM Ted	Amateur Hour 6:30 AM Anna Aqua Challenge 8:30 AM Erin Amateur Hour 11:00 AM Anna H2O Basics 5:00 PM Kevin	Amateur Hour 6:30 AM Anna Total Body Fitness 9:00 AM Lindsey Lift Club 10:00 AM Amy Aqua Challenge 10:30 AM Erin Burn 360 5:00 PM Ted	Amateur Hour 6:30 AM Anna Total Body 9:00 AM John Aqua Challenge 10:30 AM Erin Amateur Hour 10:30 AM Anna Burn 360 6:00 PM Jio	Amateur Hour 9:00 AM Lindsey Aqua Challenge 10:00 AM Erin Lift Club 10:00 AM Amy	Total Body Fitness 8:00 AM Chris	

Fundamentals Classes


Monday	Wednesday	Saturday
9:00 AM 4:00 PM	9:00 AM 4:00 PM	11:00 AM

Reservation Required **RR**

Club Hours
Monday - Friday
 5 AM - 11 PM
Saturday - Sunday
 7 AM - 7PM

Kids' Club Hours
Monday - Friday
 8:30 AM - 1PM & 4PM - 8:30PM
Saturday - Sunday
 8AM-1PM

Note: Class and instructors are subject to change without prior notice. **Reservations open at 4PM. As a courtesy to other members, please arrive to class on time.**

 Cellphones are not permitted in class. Thank You